



Newsletter

Editors:

Laurie Gladieux & Denise Kaufman

Spring 2010

NWOASN

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Dear NWOASN Members,

Another challenging school year will soon end. This past year school nurses successfully assisted the schools with the great numbers of students who were ill with H1N1. The good news, all recovered. The next challenge will be to fulfill "every child deserves a school nurse" even at times of shrinking school budgets.

The president represented NWOASN at the Diabetic Youth Services Conference this past fall and Denise Kaufman represented NWOASN at the ADA Walk for Diabetes. Denise Kaufman is now the Public Relations Chairman for OASN. Congratulations on your new appointment. NWOASN donated to the OASN legislative fund and to ISOH for Haiti Disaster relief. NWOASN takes seriously the roles of promoting legislature for the health of schoolchildren and assisting with humanitarian needs.

This year Nanci Murdock organized three excellent programs at with CEU's. She took the suggestion seriously of moving the locale of meetings around NW Ohio to accommodate the members. Not only meetings were in Toledo, but also Bowling Green and Oregon. Her topics were timely concerning Marfan's Syndrome, Assessments, and Street Drugs. Thank you for providing continuing education at a nominal fee.

The final meeting for this school year will be 5pm May 6, 2010 at Stone Ridge Country Club in Bowling Green, Ohio. The continuing education topic will be Street Drugs. Please make every effort to attend this conference and meeting. Looking forward to seeing you there.

Sincerely,

Elizabeth Roth, RN
NWOASN President

NURSE SPOTLIGHT

Nanci Murdock



Where do you currently work?

Toledo Public Schools at Libbey High School.

Did you have any previous positions?

With Toledo Public Schools, no. However, I was a school nurse at All Saints Catholic School and Bulldog Center (special needs), in Rossford, for 17 years. Prior to that, for 10 years I was a Physics and Art teacher, in inner city Detroit and for the Otsego School District.

Where did you receive your nursing education? Owens Community College.

What has been your most memorable school nurse experience?

I had been counseling a high school student about problems with her boyfriend and family. As so many of our students are, she came from a broken home and her mother had custody. This normally would be an acceptable situation but her mother was a nasty alcoholic. Add this to the everyday rush of hormones that teens have, needless to say she was emotionally a mess.

Christmas time rolled around and she brought in a present for me saying, "It isn't much". When I opened it, there was a silver angel with a ruby, heart shaped stone for its heart. She asked if I know why she gave me that particular ornament, as she had 2 ornaments to give out. I said no but told her I was most appreciative. She then told me it was because she was going to commit suicide the first day she came in to see me and that after our talk she felt much better. That made me cry!

After school, what do you do for fun?

I read novels, do Tai Chi, walk, snow ski, travel, and swim. When there is more time such as summer breaks, I visit our son in Charlotte, North Carolina or go to our cabin in the Upper Peninsula of Michigan.

How do you envision school nursing in the future?

I see school nurses having to be proactive to continue this vital service in the schools. Unfortunately, we are all living in hard economic times and cutbacks need to be made in everywhere possible. However, for the protection of our school districts, but most especially for the safety of our students, in grades Pre-K to 12, cutbacks shouldn't be in school nursing.

School nursing does not end as we go out the school doors each night. We need to be vigilant and stay on our representatives in Columbus, to pass legislation requiring at least 1 RN in every school building! We need to interface with our parents and students at sports activities, art shows, musicals and meetings, showing we have an interest in who our students are. In the future, I see our role as school nurses expanding further out of necessity. If we are not proactive, we are easily forgotten and thrown away.



Congratulations to NWOASN member Alice Bruning! She was pictured in the local newspaper “The Advisor” for her participation in *International Walk to School Day*. The event was organized last winter by the Perrysburg Schools’ Student Wellness Council, elementary school principals and some elementary parents. They received a grant from the Ohio Department of Transportation to cover the costs. Students were encouraged to walk to school that day and received neon orange bracelets that read, “I Walk”, a drawing for prizes was also held throughout the day. Thank you Alice for your participation and being recognized by the public sector for the great care you take of your students.



Denise Kaufman, Mary Martin, Ericka Spsychalski and Michelle Kart all participated in a walk for Diabetes that was held on Oct. 4th 2009. We represented the Northwest Ohio School Nurses. Not pictured is Nanci Murdock. She had her own team and walked for this great cause. If you are interested in any other walks please let Denise Kaufman know. This is great publicity for school nurses!

*EVERY STUDENT
DESERVES A SCHOOL NURSE!
Kudos to Eileen Juvinall*

On Monday, January 25th a senior at Bowsher High School was found unresponsive without breathing or pulse. EMS was called, CPR was initiated and the AED was used to deliver a shock. On my first two visits with the student while hospitalized she was on the ventilator. Much to my relief on the third visit she was sitting up smiling and eating pizza. The student was diagnosed with long QT and has since returned to school with an implanted cardioverter defibrillator. Eileen J.



2009-2010 Board Members

President	Nanci Murdock
President-Elect	Colleen Ryan
Past-President	Elizabeth Roth
Secretary	Erica Spychalski
OASN Rep	Denise Kaufman
Membership	Ann Cipriani
Ways & Means	Mary Schwartz
Newsletter/Website	Laurie Gladieux & Denise Kaufman

NWOASN Winter Meeting Minutes

March 6, 2010

Bay Park Community Hospital
Oregon, Ohio

Call to Order:	Elizabeth Roth, President
Secretary Report:	Ericka Spsychalski
Treasurer Report:	Alice Bruning
OASN Rep:	Marie Krause
Membership:	Ann Cipriani
Newsletter:	Denise Kaufman and Laurie Gladieux
Ways and Means:	Mary Schwartz
President – Elect	Nanci Murdock

Treasurer Report: Account Summary given to members and accepted.

Membership: Membership still 20.00 for active nurses and 10.00 for retired nurses. Some people joined, but their names were accidentally excluded from the roster. Twenty-eight people in our area belong to OASN but not NWOASN. Denise Kaufman invited us to encourage those colleagues to join NWOASN.

Newsletter: The spring newsletter will be out in mid April. Please notify Laurie Gladieux or Denise Kaufman by April 1st if you have anything you would like to be published in the newsletter.

Ways and Means: Mary Schwartz has several shirts in many colors, as well as bears available for purchase.

Old Business:

Denise Kaufman nominated Kathy Inderbitzen for 2011 School Nurse of the Year. This motion was seconded by Jan Florian.

Suggestions were raised to increase NWOASN and OASN memberships. These include:

1. email at time of renewal
2. phone chain “did you get the renewal email”?
3. how to join and membership perks (free CEU’S?: ask Beth Roth for clarification)
4. include phone numbers for personal contacts for renewal purposes and follow-up
5. send “time for renewal” postcards to all school districts

OASN Public Relations: Denise Kaufman

Mission: Making school nurses more noticeable in the community.

Denise put forth a motion to buy a “generic” banner to move from school to school which will be hung in the school to honor the school nurse of the year. (Not all regions may have money to buy a banner). Denise proposed a 2’ x 6’ banner at a price of 190.00, but will check into other sizes/prices. This motion was tabled so Denise can take the proposal to the conference next week and get input from other OASN regions. This proposal will be revisited at the spring meeting.

Marie Krause wrote a check for 500.00 to OASN for lobbying purposes. She would like to increase that amount. In her absence, this motion was tabled until spring when an amount can be decided upon.

A motion was made by Nanci Murdock to donate 250.00 to ISOH impact for disaster relief efforts. This motion was seconded by Mary Martin.

The nomination for president-elect of NWOASN was tabled. Anyone interested should contact Beth Roth.

Laurie Gladieux nominated Denise Kaufman for OASN rep. Beth Roth seconded the motion. Denise Kaufman accepted and was voted in.

Jan Overmyer moved to adjourn the meeting. This motion was seconded by Laurie Gladieux.

Educational Program:

Assessments: Covering current trends in pregnancy, sports injuries, crisis intervention, seizure vs. non-seizure and relaxation techniques.



We had 5 NWOASN members take and pass the National certification exam in February.
Congrats to Mary Beth Durbin, Laurie Gladieux,
Denise Kaufman,
Kate Malone and Mary Martin!

If you are interested in doing this, any of the above would be happy to pass along their study materials, and.. NWOASN will reimburse you for half the cost of the test when passed.

Go to www.nbcsn.org for more information



NURSES DAY AT THE STATEHOUSE

I was happy to attend Nurses Day at the Statehouse on Feb. 24th in Columbus this year. This always is a great learning experience and inspiring to see nurses from all across the state and from so many different practice areas coming together to influence health care issues. Deb Strause our former OASN President was on the panel of nurses that had about 3 minutes to speak to the crowd. She reviewed again the issues that the "Biennial Budget for FY 2010-2011 removed the minimum RN requirement for school Nurses from law and gave no minimum requirement for the new title of School Nurse Wellness Coordinator". It was noted that OASN would support legislation that reinstates the RN minimum requirement for both School Nurses and School Nurse Wellness Coordinators. This is why it is so important for NW to provide financial support for legislative activities. Other important issues was "The Nurse Licensure Compact" (NLC) which allows nurse who reside in and hold a license in one compact state the privilege of practicing nursing in other compact states without additional licenses in those states. This is becoming more common in areas of Occupational Health, managed care, tele-health and mobile populations. Currently there are 24 states who have enacted or are considering the RN and LPN Nurse Licensure Compact legislation. HB 450, Workplace Violence was introduced on Feb. 11, 2010 which will increase the penalty to aggravated assault when the victim is a RN or an LPN who is engaged in the performance of official duties. This bill is supported by ONA. HB 206 was introduced to provide prescriptive authority for Schedule II drugs by APN's who specialize in child and adolescent psychiatry and the ability to continue providing care for ADHD medications. There were many more bills that are currently sponsored by many nursing organizations that were discussed. I find it interesting that according to the Robert Wood Johnson Foundation " most of the leaders surveyed said that nurses are one of the most trusted sources of health information but they have less healthcare reform influence than government, insurance, and pharmaceutical executives". *Nursing Leadership from Bedside to Boardroom: Opinion Leaders' Perceptions*. My personal opinion and hope is that in some way every nurse becomes involved with their representative telling their own personal stories and supporting health care reform. Respectfully, Denise Kaufman

